



## INTRODUCTION

This recipe is one of my absolute favourite desserts! It's super simple to make and offers a nice treat at the end of a long day of [hiking](#) or [kayaking](#).

If you are six people or fewer, you only need to purchase one package of mini angel food cakes, generally found at Safeway or Save on Foods. You can have them for a couple of nights if your group is small. If you're a family or group of more than six people, you'll have to purchase multiple packages since each package contains six mini angel food cakes.

I like to pick fresh berries close to where I'm camping and add fresh fruit to my dessert. Pick what you can find and add them. If you're picking fruit, you might need to do a bit of exercise and [hike](#) to find it but the delicious fresh taste of the berries or fruit will be worth it!

Stopping at a U-pick place is also a consideration. Then the company can direct you to find fruit right away instead of going on an exploring adventure.

Once you've done some exercise, you can treat yourself to some cream to add to the dessert. A small 473 mL container will spread nicely between six bowls. Adjust according to the number of people in your family.

For more delicious [treats](#), [meals](#) and [desserts](#), check out my [recipe](#) page.



# MINI ANGEL FOOD CAKES



TIME REQUIRED:  
15 MINUTES



SERVINGS:  
6

## INGREDIENTS

- ✦ 6 Mini Angel Food Cakes
- ✦ 473 mL whipping cream
- ✦ Handful blueberries
- ✦ Handful strawberries
- ✦ Handful raspberries
- ✦ Handful blackberries

## DIRECTIONS

1. In [one package](#), there are six mini angel food cakes. Take one mini angel food cake per person and put it in a bowl.
2. Depending on the type of fruit you like and what you have on hand, put a handful of each in the bowl. I like to make it a berry dessert by putting blueberries, raspberries, blackberries, and strawberries. The choice is yours, add the fruit you like.
3. Pour the cream on top to cover half of the cake. If you like cream, be generous.
4. Serve and eat this delicious dessert!